

origen

male fertility



cybele

female fertility

Specialized food supplements with herbal extracts and vitamins that contribute to normal female and male fertility and reproduction *



Free of allergens, gluten, lactose, GMOs, artificial colors, flavors or preservatives.

Suitable for vegans and vegetarians.





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Alpha-linolenic acid

An omega-3 fatty acid necessary for normal human development and proper sperm function. Sperm concentration and motility were positively correlated with omega-3 PUFA α -linolenic acid (ALA) short chain uptake. This is because the small molecular weight ALA chain can penetrate the blood-testicular barrier.

Ashwagandha (*Withania somnifera*)

A well known adaptogen that helps balance the body's response to stress by reducing cortisol levels. It improves the quality of testosterone and sperm. A study of Ashwagandha root extract (*Withania somnifera*) in men with oligospermia showed a 167% increase in sperm count, 53% increase in sperm volume, 57% increase in sperm motility and 17% increase in serum testosterone levels 90 days following start of treatment. Clinical studies show that Ashwagandha reduces stress levels after 30 days of administration and even more after 60 days of administration.

Mucuna pruriens

An adaptogen with invigorating, strengthening and aphrodisiac properties. Clinical studies in infertile men have shown that sperm count and motility are significantly restored after administration of Mucuna pruriens for 3 months. Mucuna pruriens is additionally used to restore sexual desire by increasing testosterone and dopamine levels.

Astaxanthin

A carotenoid with antioxidant and anti-inflammatory action. It reduces Reactive Oxygen Species (ROS) in sperm and improves sperm motility and morphology, leading to higher pregnancy rates than placebo (54.5% vs. 3.6%).

Milk thistle

An established hepatoprotective agent in cases of cirrhosis, chronic hepatitis, alcohol consumption and exposure to environmental toxins, through antioxidant activity, exclusion of toxins at the membrane level, increased protein synthesis, exerting anti-inflammatory action and potentially immunosuppressive, immunoregulatory effects, thereby influencing male fertility in a positive mode.

N-Acetyl L-carnitine

Administration of acetyl-L-carnitine to patients with weak sperm improves concentration, number, motility and morphology of sperm. It has a superior effect in increasing sperm motility compared to L-carnitine.

60
TABLETS
extended
release





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Damiana (Turnera diffusa ή aphrodisiaca)

Aphrodisiac herb with invigorating action on the central nervous and endocrine system. Its rejuvenating characteristics contribute to the normal increase of sexual desire and satisfaction by improving vaginal microenvironment and reducing vaginal dryness. Supports the healthy function of the urinary system.

Rhodiola rosea

Adaptogen used to adjust the menstrual cycle. Its administration resulted in normal menstruation in 62.5% of the women in a study, 44% of whom became pregnant. It helps the body adapt to the effects of stress by strengthening the body's resistance to stress-causing elements, while reducing fatigue.

Myonositol

It is traditionally used for metabolic syndrome and polycystic ovary syndrome (PCOS). It helps insulin to function properly, thus supporting polycystic ovary syndrome or diabetes during pregnancy. In a clinical study of 3,602 patients with PCOS and infertility, administration of myoinositol and folic acid for 3 months resulted in a 70% improvement in the menstrual cycle (2,520 women). Among them, 15.1% became pregnant (545 women). In a subgroup of patients where hormonal values were evaluated before and after treatment, a significant improvement in androgen levels and an increase in progesterone levels were observed.

Green tea

Reactive Oxygen Species (ROS) are present in low levels in the genitals of men and women. An increase in their levels leads to oxidative stress that damages DNA, lipids and proteins. In women, oxidative stress interferes with egg maturation and may inhibit oocyte maturation in vitro. The excellent antioxidant activity of catechins in green tea is the key to improving fertility by reducing oxidative stress.

DHEA (Di-Hydroxy-Epi-Androsterone)

It supports the improvement of egg quality as well as the chances of pregnancy in IVF, as well as the support of the ovarian reserve, especially in women aged 35 and above.



UNIQUE
INGREDIENTS
COMBINATION

**RECOMMENDED
DOSAGE:**

1 tablet twice daily or according to the instructions of a health professional



* Product Characteristics Sheet (PCS)

Our mission

is to support the changing and growing needs of human health throughout our lives through innovative, clinically proven ingredients and food supplements.

Our Philosophy

is to ensure the highest quality of people's lives. We combine the history of the wisdom of nature with the rigorous data of science to provide natural, pure and clinically studied ingredients.

Our commitment

is to continue to support science.*

Our herbal ingredients

Have been clinically studied and proven to be effective in clinical trials in humans.

Are subject to rigorous scientific analysis with state-of-the-art laboratory equipment under conditions certified according to the rules of Good Laboratory Practice (GLP, Good Laboratory Practice).

Are grown under close supervision and in accordance with strict quality assurance procedures. For example, all of our extracts comply with the Heavy Metal Act, and standard herbal extracts are free of all known sources of contamination (including other herbs). *

* This product is not intended to prevent, treat or cure any human disease.
